



Noble Marine Marlow
RS200 National Championships 2024
4 to 9 August 2024
Hosted by Mount's Bay Sailing Club

RS
200

WELCOME and JOINING INSTRUCTIONS

We are very much looking forward to welcoming you all to Mounts Bay!

Please read these Joining Instructions to help you before you leave home, on arrival, during the week and on departure, hopefully after a great week of sailing, socialising and enjoying everything Mounts Bay Sailing Club and the surrounding area have to offer. Debbie Jarvis will be your Class Secretary for the week and should be able to help you with any queries.

PRIOR TO LEAVING HOME, PLEASE:

- **Make sure you have ordered all your food tickets and booked you Sunday Coaching by 28th July** (all meals are home-cooked in advance, so we cannot guarantee tickets will be available on site)
 - o Pre-Nationals coaching with Ben Whaley and Lorna Glen on Sunday afternoon – top tips on the venue, tuning and sailing your RS200
 - o Meal Deal (Mon curry, Weds Chilli, Fri Hog Roast) [here](#)
 - o Individual meals [here](#)
- Plan and pack your fancy dress for the Wild West Party and your Black Tie or Party Dress (or other smart dress) for the Championship Party
- Pack a bucket and sponge – there is no hose for washing down!
- If you haven't already, let us know if you have any specific dietary requirements, by emailing membership@rs-association.com, even if you have not ordered any meals, as we will be serving complimentary pasties and tatty treats.
- If you have any medical issues that responders should be aware of in an emergency, please bring a sealed envelope with details to registration. If awareness needs to be raised other than in an emergency, please leave the envelope unsealed.
- Make sure all the details on your entry are correct, that both helm and crew are RS Class Association members and that your sail number matches your boat number. If there are any changes, please email membership@rs-association.com
- Join the **Event WhatsApp Group** via [this link](#), please note that when joining the group your phone number and any profile photo will be visible to other group members. The group will be used for communication with competitors but will not replace the Official Noticeboard in the Dinghy Pen at MBSC.

TIMETABLE

Please refer to the Notice of Race and Official Noticeboard for confirmation of Sailing Programme.

Note that timings may be affected by the racing launch and return.

Saturday 3rd Aug

Early Arrival: 1300 – 1800 (if you plan to arrive after 1800, please call Jeremy Field in advance, 07854 813995, so he can arrange access to dinghy park).

Bar 2000 – 2300

Sunday 4th Aug

Arrival: 0900 – 1800 (if you plan to arrive after 1800 please call Jeremy Field in advance, 07854 813995, so he can arrange access to dinghy park).

Galley open for breakfast: 0900 – 1030

Registration in the club house: 0930 - 1800

Coaching for those pre-booked, meet in the Dinghy Pen (rigged and changed): 1200

Gate Start Seminar in the marquee: 1900

Commodore's Reception with complimentary drink, in marquee: 1930

Sponsor and Race Officer Briefing in the marquee: 2000

Bar 1700 – 2300

Monday 5th August – Marlow Monday, with special Marlow prizes to be won!

Registration in the clubhouse: 0900 - 1000

Galley open for breakfast: 0900 – 1030

Beach Briefing (incl. pointing out rocky areas), Dinghy Pen: 1000

1st warning signal: 1155

Sailors Supper (chicken or sweet potato & chickpea curry): 1900-2030

Daily Prize giving: 2030

Karaoke: 2100

Bar 1700 – 2345

Tuesday 6th August

Galley open for breakfast: 0900 – 1030

1st warning signal: 1155

Boats depart for visit to St. Michaels's Mount: 1800

Pasties for sailors (included in entry) and pre-ordered extras in marquee: from 1930

Last boat returns from Mount to club: 2030

Daily prize-giving c2100

Bar: 1700 – 2300

Wed 7th August

Galley open for breakfast: 0900 – 1030

1st warning signal: 1155

Sailors Supper (chilli): 1900-2030

Wild West Fancy Dress Party: 2000

Daily Prize giving: c2100

Bar: 1700 – 2345

Thursday 8th August

Galley open for breakfast: 0900 – 1030

1st warning signal: 1155

Daily prize-giving: 1900

Class AGM, after prize giving: 1900-2000

Masters Meal at The Godolphin: 2015

Bar: 1700 – 2300

Friday 9th August

Galley open for breakfast: 0900 – 1030

1st warning signal: 1155

Championship Hog Roast: 1830-2000

Championship Prize Giving: c2000 (after dinner)

Music: from 2100

Bar: 1700 – 2345

DIRECTIONS AND ARRIVAL

Proceed down A30 towards Penzance. At Long Rock, Newtown Roundabout, take 2nd turning, sign posted St. Michaels Mount and Marazion and follow the signs.

Proceed along Newtown Rd to the end, turn left to Marazion.

On entering the town, (West End Rd) there is a large car park on your right-hand side. (seaward side).

Turn right into this car park (opposite Godolphin Drive) [what3words ///eaten.modem.melts.](#)

Proceed into car park and turn immediately left before the Beach Box café. In front you will see our meet and greet team at the entrance to the Folly Field dinghy park marked by flags.

[what3words ///costumes.clattered.hacking](#)

Unhitch your boat and take it to your allotted space.

If you have a double stacking trolley our team will direct you to an area where these can be kept.

CAR PARKING

After leaving your boat, you will need to find a car park space in the car park and pay to park. (This parking is camera operated registration number recognition and there is a substantial fine for avoidance.) The car park is operated by JustPark, location number 528051. If you download the app you will be able to get a weekly ticket 7-day pass at £55.00. The car park gets very busy, however there is an overflow car park over the road which the club understand can be used using the same ticket. DO NOT use either of the car parks closer to the Sailing Club as these are short stay only.

Camper vans must park in the overflow car park.

Please be aware there is NO overnight sleeping in the car park, this is monitored and strictly enforced.

CLUBHOUSE

Once you have put your boat in the dinghy park you can walk to the town and **MBSC Clubhouse**, which can be found in the lane just before The Godolphin Hotel, Bar and Restaurant.

REGISTRATION

All competitors are required to register. Registration will be in the MBSC Clubhouse on Sunday from 9.30am-6pm and on Monday from 9-10am.

CATERING

Breakfast rolls, hot drinks and snacks will be available every day from 9am – 10.30am.

Evening meals, for those who have pre-ordered, will be served as per the timetable above.

If you have any dietary requirements, allergies or intolerances, please see the allergen warning issued to all competitors and raise any questions with Paula in the galley.

RS CLASS ASSOCIATION

The RS Class Association event website is [here](#).

The Your Event Secretary for the week will be Debbie Jarvis, debbie@rs-association.com , 07799 033520

OFFICIAL NOTICEBOARD

The official noticeboard is in the Mounts Bay Dinghy Pen.

MOUNTS BAY SAILING CLUB WEBSITE

The club website is [here](#)

Good luck – we hope you have a great week!